



HEALTH PACKAGES		RECOMMENDED AGE
	Japanese Standard Health Checkup	Age 18+
	Japanese Premium Health Checkup	
	Men's Prime Executive Checkup	Age 25+
	Women's Prime Executive Checkup	
	Platinum Shinagawa Dock	Age 30+

VIP Shinagawa Dock		RECOMMENDED AGE
	VIP Shinagawa Dock with <b>Transnasal Endoscopy</b>	Age 40+
	VIP Shinagawa Dock <b>Gastroscopy</b>	
	VIP Shinagawa Dock with <b>Colonoscopy</b>	
	VIP Shinagawa Dock with <b>Gastroscopy &amp; Colonoscopy</b>	

If you're 18 and below, start with a doctor's consultation first before proceeding with any health package.

CATEGORY	ITEMS
 MRI	Brain MRI + Brain MRA + Neck MRA <sup>Ⓜ</sup>
	Brain MRI + Brain MRA <sup>Ⓜ</sup>
	Brain MRI
	Brain MRA
	Neck MRA
 CT Scan	Chest CT Scan <sup>Ⓜ</sup>
	Whole Abdominal CT Scan
	Whole Abdominal CT Scan + Visceral Fat Analysis CT Scan
 Endoscopy	Transnasal Endoscopy
	Gastroscopy
	Colonoscopy
	Gastroscopy + Colonoscopy
 Women's Health	Mammography 3D <sup>Ⓜ</sup>
	Breast Ultrasound
	Transvaginal Ultrasound
	Pap smear
	HPV DNA

<sup>Ⓜ</sup> Double-Reading by Japanese and Filipino Experts

Shinagawa Diagnostic also offers Allergy Tests, Vaccinations, and Nutrition & Dietetics Counseling to help you stay at your healthiest.



8th and 23rd Floor, Ore Central Tower,  
9th Avenue cor. 31st Street, BGC,  
Taguig City 1630 Philippines

### MAKE AN APPOINTMENT

Contact Us at our Patient Care Lines:



Landline (+632) 7368-5241  
Globe (+63) 917-864-6762  
Smart (+63) 962-067-3669



info@shinagawa-healthcare.ph



www.shinagawa-healthcare.ph



As of September, 2025  
Version 2.2

**SHINAGAWA**  
DIAGNOSTIC & PREVENTIVE CARE

WORLD CLASS STANDARDS. EXCEPTIONAL CARE.



## Your Health and Comfort is our Priority.

### Our Key Strengths



#### Comprehensive Medical Examination

Covering a wide range of specialized tests and examinations, Shinagawa Diagnostic & Preventive Care strongly upholds precision, reliability, and patient safety in accordance with Japanese medical standards.



#### Double-Reading by Japanese and Filipino Experts

To ensure the highest accuracy, we employ a double-reading system where imaging results are carefully reviewed by both Filipino doctors and Japanese medical experts.



#### Cutting-Edge Technology and Innovative Practices

With advance technology and personalized services, we are committed to delivering faster, detailed results while ensuring patient comfort and convenience, allowing us to provide tailored care for every individual's unique needs.




Our Patient Invitation Kit, delivered to your home, includes your checkup details, clinic guidelines, and sample containers for urinalysis, fecalalysis, and FOBT.

## HEALTH PACKAGES

From basic to the most comprehensive health examinations based on Japan's standards, our packages can be tailored to individuals depending on age, gender, medical and family history and more.

### Basic Examination

Consultation & Counseling	Physical Exam	Eyesight/ Hearing Test	Chest X-ray	ECG	CBC (Blood Exam)																								
FBS/HbA1c (Blood Exam)	Lipid Profile (Blood Exam)	Liver Function 1 (Blood Exam)	Urinalysis	Fecalalysis & FOBT																									
	Basic Examination	Nutrition & Dietetics Counseling	Fundus / Tonometry	Blood Exam							Upper Abdominal Ultrasound	Whole Abdominal Ultrasound	Kidney & Bladder Ultrasound	Breast Ultrasound or Mammography 3D / Pap Smear	Chest CT Scan	Whole Abdominal CT Scan	Endoscopy	Brain MRI + Brain MRA + Neck MRA											
				Liver Function 2	Kidney Function	Uric Acid	Electrolyte	Infection	Tumor Markers	Thyroid									Heart										
				Japanese Standard Health Checkup	○																								
				Japanese Premium Health Checkup	○		○	○	○	○													○						
				Men's Prime Executive Checkup	○		○	○	○	○									○	○				○					
				Women's Prime Executive Checkup	○		○	○	○	○									○	○				○					
				Platinum Shinagawa Dock	○	○	○	○	○	○									○	○			○				○		
				VIP Shinagawa Dock TNE / Gastroscopy	○	○	○	○	○	○									○	○	○	○	○		○		○	○	○
				VIP Shinagawa Dock Colonoscopy	○	○	○	○	○	○									○	○	○	○	○		○		○	○	○
				VIP Shinagawa Dock Gastroscopy & Colonoscopy	○	○	○	○	○	○									○	○	○	○	○		○		○	○	○

Inclusive of Meal

Inclusive of Meal and Hotel Accommodation Voucher



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