Price List

Annual nutrition and dietetics counseling ensures personalized guidance, preventive health measures, and adaptation to changing lifestyles, fostering long-term well-being through ongoing support and education.

Health Package with Nutrition & Dietetics Counseling

Package	Testing Time	Price (PHP)
Platinum Shinagawa Dock	3 Hours	25,000
VIP Shinagawa Door vilin Transnasal Endoscopy	4 Hours 🔾	58,000
AF Shinagawa Docr vith Gastroscopy	5 Hours	73,000
VIF Eninagawa Dock vilun Colonoscopy	2 Days	85,000
The second secon		



Depending on the patient's condition

Inclusive of Lunch

Inclusive of Lunch and Hatel Accommodation

Health Item	Time	Price (PHP)
Nutrition & Dietetics Counseling	15-30 minutes	2,500
Nutrition Monitoring and Evaluation	15-30 minutes	500
Nutrition Counseling Package	6 Days	7,000



About Us

Shinagawa Diagnostic & Preventive Care is a diagnostic center in the Philippines that offers a comprehensive range of Japanese-standard health screening services, imaging, and specialized diagnostics for the early detection and prevention of diseases.



8th and 23rd Floor, Ore Central Tower, 9th Avenue cor. 31st Street, BGC, Taguig City 1630 Philippines

MAKE AN APPOINTMENT

Contact Us at our Patient Care Lines:



Landline (+632) 7368-5241 Globe (+63) 917-864-6762 Smart (+63) 962-067-3669

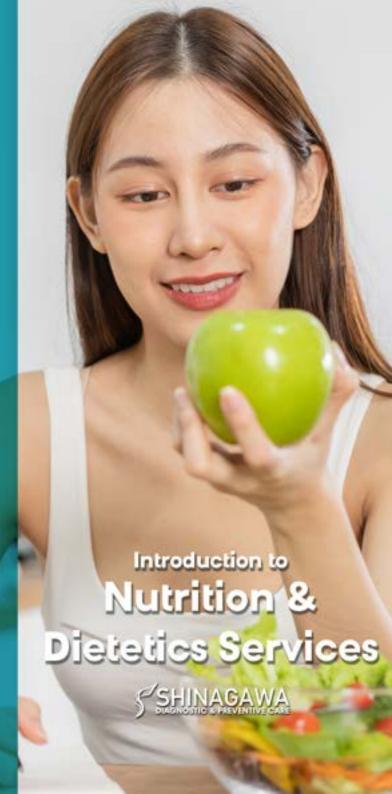


info@shinagawa-healthcare.ph



www.shinagawa-healthcare.ph





Nutrition & Dietetics for Preventive Care

Nutrition & Dietetics Counseling is vital for expert guidance in making dietary choices that directly impact health, addressing various health needs such as managing chronic diseases, weight, and digestive issues.

Leading causes of death in the Philippines

Ischaemic heart diseases - 77.17

Cerebrovascular diseases - 42.89

Neoplasms or Cancer - 42.5

Diabetes milletus - 26.77

Hypertensive disease - 23.97

Data from January to September 2022 shows that the leading causes of death in the Philippines can be prevented with proper Nutrition and Dietetics Counseling. This is due to the following:

- **Heart Health:** Adopting heart-healthy eating habits to reduce cardiovascular risk.
- **Neoplasms or Cancer:** Providing nutritional support during and after cancer treatment.
- **Diabetes Melitus:** Managing blood sugar levels through dietary choices.
- **Hypertensive Disease:** Implementing dietary strategies to control blood pressure.
- Digestive Disorders: Tailoring diets for conditions like irritable bowel syndrome (IBS) or celiac disease.



Our Nutrition & Dietetics
Services are recommended for:



Individuals seeking personalized dietary plans.



Those with specific health goals, such as weight management or disease prevention.



People with medical conditions requiring dietary modifications.



Athletes or individuals with specific performance-related dietary needs.



Individuals with digestive issues or gastrointestinal concerns.



Anyone aiming to adopt a healthier lifestyle through balanced nutrition.



Pregnant women or those planning for pregnancy, requiring specialized nutritional advice.





Personalized Care

At Shinagawa, we consider our counseling as preventive measure, that helps in managing weight, preventing chronic diseases, and promoting overall well-being.



Registered Nutritionist Dietition

Providing expert guidance on dietary choices tailored to individual needs, contributing to overall well-being and disease prevention.



Inclusive of Food Panel Allergy Test

Our Nutrition Counseling Package includes an allergy test to detect food allergies, allowing us to tailor a food menu specifically to meet your