



Health Package for Women

A women-first and comprehensive medical checkup to detect and prevent gynecological problems.

Package	Testing Time	Price (PHP)
Women's Executive Health Checkup Fasting <input type="checkbox"/> Menstruating <input checked="" type="checkbox"/> Pregnant <input checked="" type="checkbox"/>	3 Hours	21,000

Inclusive of Lunch

As of July, 2023

Diagnostic Imaging Services for Women

Health Items	Price (PHP)
Mammography 3D Pregnant <input checked="" type="checkbox"/> Breastfeeding <input checked="" type="checkbox"/>	6,000
Breast Ultrasound	3,000
Transvaginal Ultrasound Pregnant <input checked="" type="checkbox"/> Menstruating <input checked="" type="checkbox"/>	3,000
Pelvis MRI • Women: Uterus, Ovaries Pregnant <input checked="" type="checkbox"/> Menstruating <input checked="" type="checkbox"/>	15,000
Pap smear Pregnant <input checked="" type="checkbox"/> Menstruating <input checked="" type="checkbox"/>	2,500
HPV Pregnant <input checked="" type="checkbox"/> Menstruating <input checked="" type="checkbox"/>	9,500
Women's Menopause Test (FSH, LH, Estradiol)	5,000

As of July, 2023

About Us

Shinagawa Diagnostic & Preventive Care is a diagnostic center in the Philippines that offers a comprehensive range of Japanese-standard health screening services, imaging, and specialized diagnostics for the early detection and prevention of diseases.



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Taguig City 1630 Philippines

MAKE AN APPOINTMENT

Contact Us at our Patient Care Lines:



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Globe (+63) 917-864-6762
Smart (+63) 962-067-3669



info@shinagawa-healthcare.ph



www.shinagawa-healthcare.ph



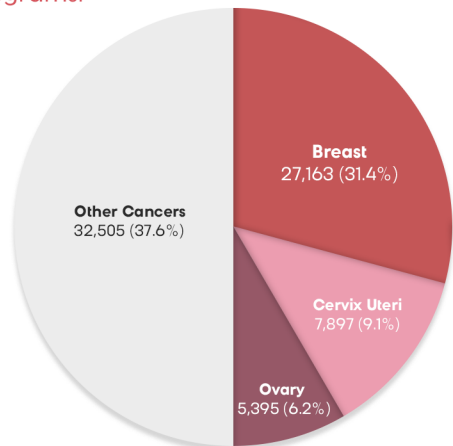
Women's Executive Health Checkup

Preventive Health Screening



Cancer among Women in the Philippines (2020)

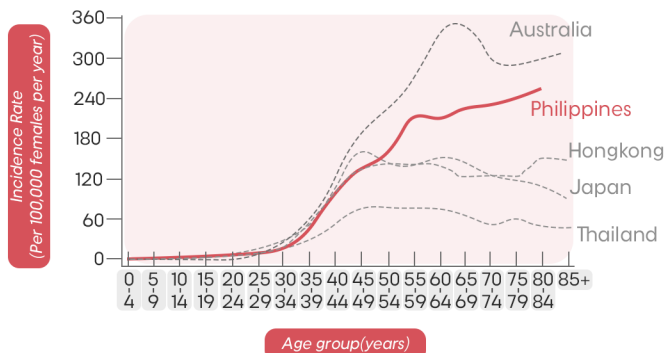
The top 3 gynecological cancers among women are breast, cervix uteri, and ovary cancers. Breast cancer may be the most common cancer among Filipino women, but it is also the easiest to detect from even the slightest abnormalities by doing regular checkups and mammograms.



World Health Organization, 2020

Breast Cancer Incidence Rates by Age (2014)

Younger women do not consider themselves to be at risk of breast cancer. However, the graph below shows that breast cancer in Asia-Pacific Regions, including the Philippines, can strike as early as 30 years old. With this, women need to be aware of their personal risk and undergo annual screening.



Cancer Biology & Medicine, 2014

Women's Executive Health Checkup

To prepare and set your expectations, here's a step-by-step guide of the basic examinations included in the **Women's Executive Health Checkup!**

01 Check-in



Receive your Patient Gown & Hotel Slippers upon check-in

02 MC Screening



Acquire initial screening from our medical coordinator

03 Specimens



Using the kits from your patient invitation, collect a sample for your urinalysis and stool test

04 Physical Exam



Know your height, weight, body mass index, waist circumference, & blood pressure

05 Comprehensive Blood Exams

CBC, FBS / HbA1c, Lipid Profile, Liver, Kidney, Uric Acid, Electrolyte, Infection, Tumor Marker (CEA / CA15-3 / CA125)

Our blood tests are useful to have a broad look at different functions of the body. Our blood exams also includes tumor markers that can detect cancer that are uniquely for women.

06 Eyesight



07 Tonometry



08 Fundus



09 Hearing



The second half of your examination includes diagnostic imaging tests that detects, confirms, and assesses potential diseases in their early age uniquely for women.

10 ECG



11 Chest X-ray



12 Upper Abdominal / Carotid Ultrasound



13 Breast Ultrasound



14 Pap Smear



Recommended Additional tests:
Mammography 3D

Recommended Additional tests:
HPV

By adding the recommended tests, the detection rate will increase and be sure to see presence of precancerous (pre-malignant) stage.

15 OB-Gyn/ Doctor's Consultation



16 Check out



17 Result



- Double-reading of results by Japanese Doctors
- Results are released with the following options:
 - Pick up in the clinic
 - Door-to-door delivery