



## Price List

### Health Package for Men

In addition to the basic health examination based on Japan's standard, this package includes ultrasound and tumor markers to determine the risk of prostate cancer and benign prostatic hyperplasia, which are cancers specific to men.

Package	Testing Time	Price (PHP)
<b>Men's Executive Health Checkup</b> <span>Fasting <input type="checkbox"/></span>	2.5 Hours	19,000

*Inclusive of Lunch*

Health Item	Price (PHP)
<b>Pelvic MRI</b> • Men: Prostate	15,000
<b>Whole Abdominal CT Scan + Visceral Fat CT Scan</b>	17,000
<b>Prostate Ultrasound</b>	3,500
<b>Tumor Marker - PSA</b>	5,000
<b>Men's Menopause Test (Testosterone)</b>	2,300

*As of August, 2023*

## About Us

Shinagawa Diagnostic & Preventive Care is a diagnostic center in the Philippines that offers a comprehensive range of Japanese-standard health screening services, imaging, and specialized diagnostics for the early detection and prevention of diseases.



8th and 23rd Floor, Ore Central Tower,  
9th Avenue cor. 31st Street, BGC,  
Taguig City 1630 Philippines

### MAKE AN APPOINTMENT

Contact Us at our Patient Care Lines:



Landline (+632) 7368-5241  
Globe (+63) 917-864-6762  
Smart (+63) 962-067-3669



info@shinagawa-healthcare.ph



www.shinagawa-healthcare.ph



**SHINAGAWA**  
DIAGNOSTIC & PREVENTIVE CARE

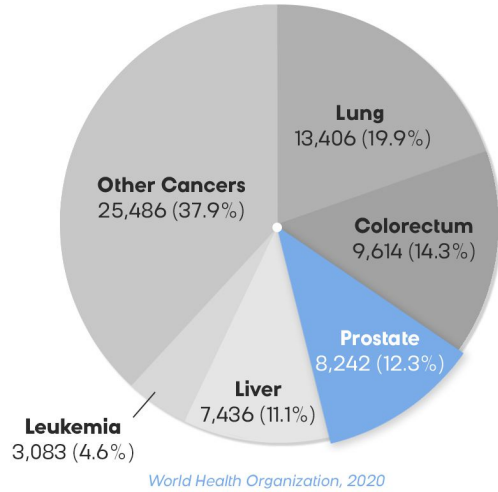
# Men's Executive Health Checkup

Preventive Health Screening



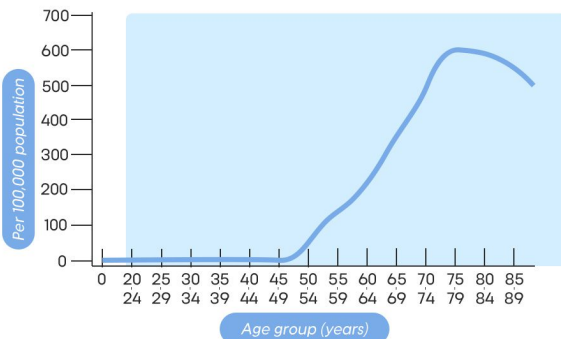
## Cancer Among Men in the Philippines (2020)

In the Philippines, prostate cancer is the third most common cancer among male, next to lung and colorectal cancers. Compared to the other cancers, the survival rate is higher, and if detected early, it can be cured. **Annual imaging and checkups are recommended.**



## Prostate Cancer Incidence Rates by Age (2017)

Prostate cancer is more likely to occur in older people, and the incidence rate increases dramatically after the age of 50. Also those with disordered eating habits, lack of exercise, and lifestyle-related diseases such as obesity, diabetes, and metabolic syndrome may be at increased risk.



## Men's Executive Health Checkup

To help you prepare for your appointment, here's a step-by-step guide of the examinations in the **Men's Executive Health Checkup!**

### 01 Check-in



Receive your Patient Gown & Hotel Slippers upon check-in

### 02 MC Screening



Acquire initial screening from our medical coordinator

### 03 Specimens



Using the kits from your patient invitation, collect a sample for your urinalysis and stool test

### 04 Physical Exam



Know your height, weight, body mass index, waist conference, and blood pressure

### 05 Blood Exam

CBC, FBS, HbA1c, Lipid Profile, Liver, Kidney, Uric Acid, Electrolyte, Infection, Tumor Marker (PSA)

Our blood tests are useful to have a broad look at different functions of the body. Our blood exams also includes tumor marker that can detect cancer that are uniquely for men.

### 06 Eyesight



### 07 Tonometry



### 08 Fundus



### 09 Hearing



The second half of your examination includes diagnostic imaging tests that detects potential diseases in their early stage uniquely for men.

### 10 ECG



### 11 Chest X-ray



### 12 Upper Abdominal /Carotid Ultrasound



### 13 Prostate Ultrasound



Examines the shape and size of the prostate gland, as well as the condition and lesions inside and around the prostate gland. It is useful for early detection of prostate cancer and benign prostatic hyperplasia.

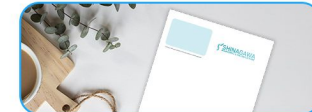
### 14 Doctor's Consultation



### 15 Check out



### 16 Result



Results are released with the following options:

- Pick up in the clinic
- Door-to-door delivery